WEEK 1

Week commencing – 4th November, 25th November, 16th December, 20th January, 10th February, 10th March, 31st March

MONDAY

- (R) Cheese and Tomato Pizza with diced Potatoes
- (G) Vegetable Rosti with diced potatoes
- (Y) Jacket potato with tuna

Strawberry mousse

TUESDAY

- (R) Pork sausages with creamed potato and gravy
- (G) Quorn vegan sausage with creamed potato and gravy
- (Y) Ham wrap

Pineapple upside down cake and custard

WEDNESDAY

- (R) Roast chicken with roast potatoes and gravy
- (G) Cheese and leek parcel with roast potatoes and gravy
- (Y) Pasta bake

Fresh dairy yoghurt

THURSDAY

- (R) Chinese Chicken curry with rice
- (G) Chinese veg curry with Rice
- (Y) Jacket Potato with cheese and beans

Marble sponge with chocolate sauce

<u>FRIDAY</u>

- (R) Fish Fingers with oven chips
- (G) Mac 'n' Cheese
- (Y) Cheese wrap

Fruity flapjack

WEEK 2

Week commencing – 11th November, 2nd December, 6th January, 27th January, 24th February, 17th March

MONDAY

- (R) Ricotta and spinach tortellini with tomato sauce
- (G) Cheese and courgette twist with pesto pasta
- (Y) Jacket potato with tuna

Fresh dairy yoghurt

TUESDAY

- (R) Superfood beef burger with diced potatoes
- (G) Bubble and squeak burger with diced potato
- (Y) Ham wrap

Banana cake and custard

WEDNESDAY

- (R) Roast gammon with roast potatoes and gravy
- (G) Glamorgan sausage with roast potatoes and gravy
- (Y) Pasta bake

Orange and mandarin Jelly

THURSDAY

- (R) BBQ chicken and rice
- (G) Meat free Meatballs and tomato sauce and rice
- (Y) Jacket Potato with Cheese and Beans

Syrup drizzle sponge and custard

FRIDAY

- (R) Harry Ramsden's fish with oven chips
- (G) Veg quesadilla with oven chips
- (Y) Cheese wrap

Chocolate ice cream roil

WEEK 3

Week commencing – 18th November, 9th December, 13th January, 3rd February, 3rd March, 24th March

MONDAY

- (R) Superfood pasta bake
- (G) Vegetable fingers with diced potatoes
- (Y) Jacket potato with tuna

Biscuit with fruit

TUESDAY

- (R) Peperoni pizza with diced potatoes
- (G) Sweetcorn and pepper pizza with diced potatoes
- (Y) Ham wrap

Chocolate and beetroot cake with cholate sauce

WEDNESDAY

- (R) Roast chicken with roast potatoes and gravy
- (G) Vegan sausage cutlet with roast potatoes and gravy
- (Y) Pasta bake

Fresh dairy yoghurt

THURSDAY

- (R) Sweet and spur chicken meatballs with rice e
- (G) Veggie Tacos with rice
- (Y) Jacket Potato with baked beans

Apple pie with custard

FRIDAY

- (R) Big tasty fish cake with oven chips
- (G) Quorn nuggets and oven chips
- (Y) Cheese wrap

Carrot cake muffin

Seasonal Vegetables, Salad Bar and Fresh Bread are served daily with the main course. Dessert alternatives may include: cheese and crackers, fresh fruit or yoghurt.